Somis Union School



All meals are FREE to all students. Menu subject to substitution. All meals served with choice of 1% regular Or nonfat TruMoo chocolate milk. Milk and water are sold throughout the school day. Please let us know if you have questions or concerns. Thank you © Happy May! This institution is an equal opportunity provider.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



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Monday	Tuesday	Wednesday // /	Thursday	Friday	
	**	Yogurt Muffins Pears Milk	Cinnamon Rolls Sunbutter Orange Slices Milk	Cereal Cheese Stix Peaches Milk	
Bagel and Egg Sandwich 6 Apple Slices Juice Milk	Cereal Cheese Stix Bananas Milk	Yogurt 8 Muffins Pears Milk	Pancakes Sunbutter Orange Slices Milk	Cereal Cheese Stix Peaches Milk	
Apple Frudel Sunbutter Strawberries Juice Milk	Cereal Cheese Stix Bananas Milk	Yogurt Muffins Pears Milk	French Toast Sunbutter Orange Slices Milk	Cereal Cheese Stix Peaches Milk	
Cherry Frudel Sunbutter Strawberries Juice Milk	Cereal Cheese Stix Bananas Milk	Yogurt 22 Muffins Pears Milk	Waffles Sunbutter Orange Slices Milk	Cereal Cheese Stix Peaches Milk	
Happy Memorial Day No School	Cereal Cheese Stix Bananas Milk	Yogurt 29 Muffins Pears Milk	Chocolate Crescent Sunbutter Orange Slices Milk	Cereal Cheese Stix Peaches Milk 31	