



Somis Union School Cafeteria

Nutrition for stronger and healthier students and staff

Somis School, along with the State of California and USDA, is promoting the importance of breakfast. Studies prove our minds work better when we have breakfast. Test scores are higher and attendance is more consistent when children eat breakfast every day.

We are working very hard to make sure all of us at Somis have breakfast. We offer a healthy and delicious breakfast free to all students every day before school consisting of whole grains, fruit, proteins, and milk. Please look at our breakfast menu to see our daily selection. We welcome everyone! Thank you ☺

The USDA and the CDE are equal opportunity providers and employers.

El USDA y el Departamento de Educación de California son proveedores y empleadores que ofrecen igualdad de oportunidades.