

February 2018

Somis Union School

BREAKFAST

Menu subject to change. Breakfast served daily. All meals served with choice 1% regular or nonfat TruMoo chocolate milk. Please make sure your child's accounts are positive at all times. Let us know if you have questions or concerns. Thank you ☺

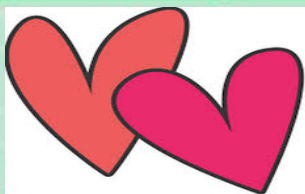


Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



This establishment is an equal opportunity employer.

Monday



Bagel
Cream Cheese
Fruit
Milk and Juice

5

Tuesday



Cereal
Fruit
Cheese Stix
Milk

6

Wednesday

Yogurt
Chocolate Muffins
Fruit
Milk

7

Thursday

Pancakes
Ham
Fruit
Milk

1

Waffle Stix
Ham
Fruit
Milk

8

Friday

Cereal
Cheese Stix
Fruit
Milk
Juice

2

Cereal
Cheese Stix
Fruit
Milk
Juice

9

Sausage Dog
Fruit
Juice
Milk

12

Cereal
Fruit
Cheese Stix
Milk

13

Yogurt
Chocolate Muffins
Fruit
Milk

14

Cinnamon Rolls
Ham
Fruit
Milk

15

President's Holiday

16

President's Holiday

19

Cereal
Cheese Stix
Fruit
Milk

20

Yogurt
Chocolate Muffins
Fruit
Milk

21

Pancakes
Ham
Fruit
Milk

22

Cereal
Cheese Stix
Fruit
Milk
Juice

23

Apple Frudel
Fruit
Juice
Milk

26

Cereal
Cheese Stix
Fruit
Milk

27

Yogurt
Chocolate Muffins
Fruit
Milk

28

